

DANCE BEAT — CLASS DESCRIPTIONS

JAZZ, FUNK, HIP HOP, CONTEMPORARY



BOYZ BEAT

This all boy class is full of surprises and fun. Dancers will build strength and endurance while sampling many forms of dance such as Hip Hop, Funk, Traditional Jazz and Rhythm Tap (tap shoes not required). Boys will also be combined with the girls at times to work partnering technique.

HEAVY FUNK I, II, III

Heavy Funk is the best way to describe this high-energy class that will get the students moving. Students can expect a strong warm up with fun and fast combinations and a final routine to present in the annual concert.

BODY ROCK I, II, III

Body Rock classes are based on traditional jazz dance and moves into contemporary and fast paced modern dance. Class includes variations of hip-hop & funk.

JAZZ I, II, III

Traditional Jazz technique is taught to current and age appropriate music. Typically taught as part of a combo class. Students will learn popular dance moves while building basics such as turns, leaps and body placement.

HIP HOP TOTS

Our littlest dancers get into the groove with our tot size hip-hop class. Students will learn about rhythm and dancing with fun and familiar music.

CONTEMPORARY I, II, III

Contemporary dance is characterized by its versatility: contemporary can be danced to almost any style of music, or united with other dance forms to create new styles of movement. Contemporary seeks to work with the natural alignment of the body, and is therefore safe and accessible for beginners. At the same time, the ease of movement promoted by contemporary dance technique allows experienced dancers to push new boundaries of body movement.

DANCE CAMP

This short session class will inspire the dancer to have fun and let loose. Combinations and short dances will be taught along with basic dance moves. Dancers will enjoy upbeat and familiar music in class.